Visitation Policy

It is the policy of the Cape West to sensitively respond to residents' individual needs and wishes regarding visitation of their family and friends while maintaining a safe and restful environment, and to ensure consistency and satisfaction in all residents and guest interactions in compliance with state law. This policy is designed to support the "No Patient Left Behind Act". As part of this visitation policy, visitors cannot be compelled to provide proof of vaccination or immunization status.

Visitation Policy:

- Visitation may occur 365 days a year between the hours of 9am -7pm. Hours may be extended for visitors from out of town.
- Visitation may occur in the resident's room, outdoor facility spaces, or common area.
- Children visiting Cape West residents should be supervised by adults at all time.
- Residents are not limited in how many visitors they can have per day.
- No more than 3 visitors per resident at a time.
- All visitors are required to sign-in and if taking a resident outside of the facility, will need to let the staff know when they will be back.
 - The visitor log asks for the phone number of the person taking the resident outside of the facility. It is required to be filled out.
- If you are running a fever, vomiting or having diarrhea, you may not visit until those symptoms have passed for a minimum of 24 hours.
- If you have a cold, you may not visit until those symptoms have passed for a minimum of 24 hours.

Essential Caregiver:

- Designation determined by resident naming a family member, friend, guardian, or other individual as an essential caregiver. An essential caregiver can provide emotional support to help a resident deal with any of the following circumstances:
 - End of life situations
 - Making one or more major medical decisions
 - Coping with emotional distress or grieving the loss of a friend or family member who recently died.
 - Residents needing encouragement to eat or drink which was previously provided by a family member or caregiver.
 - Helping resident to continue to talk and interact with others.

Other Facilities:

- Please have family member notify us of your visit 24 hours ahead of time
- An appointment is required with the Manager
- On the day of your visit, please present your business card at time of visit
- Only speak with the resident you are there to visit and do so privately
- We appreciate your cooperation and communication

Personal Protective equipment:

- Defined as equipment or devices to maintain the safety of the individual or others
- Personal protective equipment may include: face masks, respirators, face shields, gloves, and gowns

COVID-19 Guidelines:

If you have had "Close Contact" with a person positive with COVID-19:

I'm "up to date" on my vaccinations or I am unvaccinated or not up-to-date

- You do not need to stay home unless you develop symptoms.
- Watch for symptoms of COVID-19 and wear a well-fitting mask until 10 days have passed after you last had close contact with someone with COVID-19. CDC recommends even if you don't develop symptoms, to get tested at least 5 days after last close contact with someone with COVID-19.
- If you develop symptoms, isolate immediately and get tested. If you develop symptoms, let your manager know.
- If positive, follow guidelines for testing positive below.
- Quarantine for 5 days from your last contact with the positive person.
- Return to work on the 6^{th} day from your last contact with the positive person.

If you are positive with COVID-19:

- Regardless of vaccination status, isolate for 5 days from your positive test result.
- End isolation if you had symptoms after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medications) and your symptoms are improving.
- Ending isolation if you did NOT have symptoms after 5 full days after your positive test result.
- Wear a well-fitting mask for 10 full days when you are around others.

If you have symptoms of COVID-19 (no known exposure or positive COVID-19 test):

License # 11886 4614/4616 SW 7th Place, Cape Coral, FL 33914 Admin # 239-540-7385 Owner # 239-839-8002 Fax # 239-540-2836 Email: <u>CapeVillaALF@aol.com</u> www.capevillaalf.com

- Do not report to work with any symptoms of COVID-19.
- If experiencing symptoms, it's recommended that you be tested
- You may return to work once you have a negative test result

Definitions:

<u>Close contact</u>- someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period regardless if they are wearing a cloth mask. For example, 3 individual 5-minute exposures for a total of 15 minutes. People who are exposed to someone with COVID-19 after they completed at least 5 days of isolation are not considered close contacts.

Up-to-date- You are up to date with your COVID-19 vaccines when you have received all doses in the primary series and all boosters recommended for you, when eligible.

Calculating Isolation Time:

Day 0 is your first day of symptoms or a positive viral test. Day 1 is the first full day after your symptoms developed or your test specimen was collected.

Calculating Quarantine:

The date of your exposure is considered day 0. Day 1 is the first full day after your last contact with a person who has had COVID-19.